

## ATV Safety

ATVs are big motor vehicles that can weigh up to 1200 pounds and go up to 70 miles per hour. They do not have seat belts and are prone to tipping, which can cause injuries. Little children do not have enough body strength to bring ATVs back into the upright position when tipping over. Those under the age of 16 should not ride ATVs and children under 18 are required by the MN law to wear approved helmets for ATV rides.



Always make sure your child is riding with adult supervision, and wears the proper helmet, gloves, goggles, long pants and long sleeves, closed toed shoes, and a chest protector. Most ATVs are meant for only one rider, so do not let more than one person on an ATV. Attend a safety course to learn how to operate an ATV. In case your youth (younger than 16) rides an ATV, be sure to choose a youth sized one which is more manageable in size and speed.



As a reminder, the ND state law requires vehicle drivers and all passengers, regardless of age, to be buckled up or in the correct car seat/booster. This includes everyone in both the front and back seat. Keep everyone safe both on ATVs and in vehicles on and off our roadways.



Altru Health System is proud to serve as the lead agency for Safe Kids Grand Forks.

For more information on this and other childhood injury prevention topics, visit [safekidsgf.com](http://safekidsgf.com), call us at 701.780.1489 or email [safekids@altru.org](mailto:safekids@altru.org).

This information is brought to you by Safe Kids Grand Forks & our partners at ND Vision Zero

